

Preliminary Programme EADSM Meeting Marseille 2019

11.04.2019

EADSM programme at location "PALAIS DES ARTS."

14:00 – 17:00 EADSM accreditation exam.

Sleep & Breathing programme at location Convention Center: follow link

<https://sleepandbreathing.org>

Special interest for EADSM members – separate registration with Sleep & Breathing required
– rates to become available soon

- 08:30 – 10:00 **Obstructive sleep apnoea. Aims:** To describe OSA in relation to sleep medicine; to differentiate, diagnose, and manage obstructive breathing disturbances during sleep; to demonstrate an awareness of its pathophysiology, clinics and consequences, and discriminate comorbidities.
- 10:30 – 12:00 **Sleep apnoea as a risk factor for stroke and dementia. Aims:** to discuss sleep apnoea as a risk factor for stroke and dementia.
- 12:30 – 13:30 **Sleep lab or home? Aims:** to discuss the current indications for and attitudes towards the management of sleep-disordered breathing in a sleep laboratory versus the home. Diagnostic and therapeutic outcomes, patient preferences and costs will be discussed.

12.04.2019

EADSM programme at location "PALAIS DES ARTS".

- 10:00 – 10:45 **Social Inequalities in sleep-disordered breathing: Evidence from the CoLaus|HypnoLaus study. Aims:** Health inequalities, associated with low income and lower education, are influenced by various matters such as the possibility to participate in society, availability of a social network and a healthy living environment. This lecture offers tailored advice and support on local approaches to health disparities. TO BE CONFIRMED.
- 10:45 – 11:15 break & exhibition
- 11:15 – 12:00 **Upper airway imaging in obstructive sleep apnea in adults. Aims:** Upper airway imaging provides information about soft tissue and craniofacial anatomy, which has provided important insights into the pathogenesis of OSA. The methods of upper airway imaging and the clinical settings in which upper airway imaging may be helpful are reviewed. *Dr. Richard Schwab (USA).*
- 12:00 – 12:45 **Significant anatomic measures in OSA. Aims:** Determine if anatomic dimensions of airway structures are associated with airway obstruction in obstructive sleep apnea (OSA) patients. *Dr. Jose E. Barrera (USA).*
- 12:45 – 14:00 lunch & exhibition
- 14:00 – 14:45 **Cluster analysis for prediction of OSA therapy outcome. Aims:** Reporting on in-depth analysis of predictive factors in OSA therapy outcome. *Dr. Jean Louis Pépin (France).*

- 14:45 – 15:15 **Recognizable Clinical Subtypes of OSA. Aims:** Obstructive sleep apnea is a heterogeneous disorder—two patients with similar disease severity may experience vastly different symptoms and consequences. Establishing the robustness of these clinical phenotypes is crucial for future research examining the impact of disease clusters on treatment response and personalized obstructive sleep apnea management. *Dr. Dagmar Norden (Germany)*
- 15:15 – 16:00 break & exhibition
- 16:00 – 16:45 **Optimisation of oral appliance treatment. Aims:** to review the existing additional means of fine-tuning oral appliance treatment, including the way of follow-up of patients. *Dr. Marc Braem (Belgium).*
- 16:45 – 17:15 **Gender differences in mandibular repositioning device therapy effectiveness in patients with obstructive sleep apnea syndrome. Aims:** to discuss on the gender effects in a large subcohort of the ORCADES study. *Dr. Marie-Françoise Vecchierini (France)*
- 17:15 – 17:45 **New Dutch Guidelines on the Treatment of OSA with Oral Appliances: beyond AHI. Aims:** to elucidate on the new guidelines in the Netherlands. **TO BE CONFIRMED.**
- 17:45 – 18:15 **Accreditation by EADSM. Aims:** to stimulate the voluntary accreditation of colleagues taking part in dental sleep medicine treatment and handing over of accreditation plaques. *Dr. Roy Dookun (UK).*
- 18:15 – 18:45 EADSM business meeting & accreditation ceremony
- 18:30 – 20:00 EADSM get together mixer

Sleep & Breathing programme at location Convention Center: follow link

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- 08:00 – 09:30 **Challenges in oral appliance therapy for obstructive sleep apnoea - Techniques Treatment And Follow Up. Aims:** to discuss the barriers to commencement of oral appliance therapy as well as the dental problems that can occur during oral appliance therapy.
- 17:30 – 19:00 **Emerging insights into the diagnosis of sleep-disordered breathing. Aims:** to provide a state-of-the-art overview of current and emerging insights into the diagnosis of sleep-disordered breathing. The session is of interest to all professionals active in sleep medicine.

13.04.2019

EADSM programme at location "PALAIS DES ARTS".

08:00 – 09:30 **Challenges in obstructive sleep apnoea. Aims:** to discuss the barriers to commencement of oral appliance therapy. Honorary keynote lecture by *Dr. Peter Cistulli* and handing out of the EADSM Achievement Award.

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- 10:00 – 12:00 **Update on oral appliance treatment in obstructive sleep apnoea Respiratory Conditions Treatment And Follow Up. Aims:** to provide a state-of-the-art overview of current insights into oral appliance therapy for obstructive sleep apnoea. The session is of interest to all professionals active in sleep medicine.
- 14:30 – 16:00 **Gender differences in sleep-disordered breathing Physiology And Anatomy. Aims:** to summarise current findings regarding gender differences in sleep-disordered breathing, including pathophysiology, clinical presentation, polysomnography findings and cardiovascular risk, and to discuss sleep-disordered breathing in specific situations, such as pregnancy.
- 16:15 – 17:15 Closing session: what are the big questions in sleep apnoea?